

Run Freshkills Park With New York Road Runers

JULY 9, 2017 • 9:00 a.m.
3.1 + 6.2 MILES • STATEN ISLAND

Join New York Road Runers for a free exploratory run or walk through Freshkills Park.

Both courses start and finish near the visitor center (see map). Water will be available at the start and finish. There will be no water along the course; we encourage you to bring your own water bottle.

TRANSPORTATION

The free Freshkills Park shuttle bus will transport participants from LA Fitness (145 E. Service Road) to the visitor center every 15 minutes from 7:30 a.m. to 8:45 a.m. A return shuttle will depart from the visitor center back to LA Fitness every 15 minutes from 10:00 a.m. to 11:30 a.m. Participants can also walk to and from LA Fitness.

All participants must park in the LA Fitness Lot, there is no parking at Freshkills Park



KEY

- ■ ■ Walking path from LA Fitness to visitor center
- ★ 5K and 10K Start
- ★ 5K Finish
- ★ 10K Finish
- ① 5K mile markers
- ① 10K mile markers
- » » 5K course route
- » » 10K course route

VISITOR CENTER

- 🧳 Bag check
- 🚻 Toilets
- 💧 Water
- 🚌 Bus Pickup/Drop-off

New York Road Runers is a non-profit community running organization, founded in 1958, whose mission is to help and inspire people through running.

We serve more than 430,000 people—including 215,000 youth—annually.

CURRENT AS OF 6.12.17